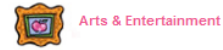




The Loose-Lipped Guide for the Woman Who Gives a Damn



November 2, 2009

Visits Per Month: N/A

monday



today : Organicville

Pour Some Dressing On Me

Organicville Treats Our Mixed Greens to a Product Line of All-Natural Salad Dressings



chances are slim to none.

Salads can be such a Catch 22. While the mixed greens and nutritious veggie toppings can seem like a win-win, low-calorie option, it's the dressing that does the damage. Full of calories, saturated fat and cholesterol, it'll get you every time. But, for most, ditching the dressing is like a holiday blockbuster without Jim Carrey – the

Get acquainted with **Organicville**. USDA certified, gluten- and dairy-free, Organicville is a treat for those who need the salad shower but could do without the bad fats and ingredients that only Einstein could pronounce. The organic salad dressing is all natural, containing no trans fat or cholesterol, and is sweetened with agave nectar for a light bite full of flavor.

Choose from a variety of flavors including **Miso Ginger**, **Orange Cranberry**, **Sesame Goddess** (my personal fave) and **Tarragon Dijon** (my lil' boy's lifeline).

Aside from dressings, Organicville also covers the refrigerator basics with a product line of ketchups, salsas, BBQ sauce and teriyaki marinades.

Organicville salad dressings run around \$3.99 and can be found at Whole Foods nationwide, healthy food stores and some major supermarket chains. Visit www.organicvillefoods.com for more information.

Now, get to it, ladies. I do believe you have a salad or two to toss.

- Kim

